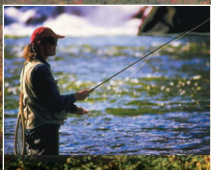


MAINE'S RIVER VALLEY



2020-21 Four Season Visitor's Guide

RIVER VALLEY CHAMBER OF COMMERCE



including the towns

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HANOVER • MEXICO • PERU • ROXBURY • RUMFORD



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the **Chamber** *River Valley* *Chamber of Commerce*



Our information center overlooks the Pennacook Falls. The information center was built in the spring of 2000 and opened for business on July 1st of 2000. The 26' x 26' building was constructed by community volunteers.

The Chamber manages the information center for the Town of Rumford, making information on the River Valley Area available for all that stop and visit. The information center is now open year round, with the following schedule:

May	10 am - 2 pm
June - September:	9 am - 5 pm
October:	9 am - 4 pm



Welcome to our River Valley Area!

We are nestled in the mountains of Western Maine where we pride ourselves in being a four-season destination. Within our ten-town community area, you will find many interesting shops, places of interest as well as historic sites, beautiful lakes and mountains and small town country charm and hospitality. The River Valley area is a great place to live, work and play. Enjoy your stay in our area. We hope that you will make us your future vacation destination.

Welcome!

Kevin Kaulback

President, River Valley Chamber of Commerce

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An aerial photograph of a river valley. In the upper left, there's a cluster of buildings, including a large brick one. A river flows through the center, with a dam structure visible. In the lower half, a large, long, brick industrial building sits on the riverbank. The surrounding area is lush with green trees, some showing autumn colors. The text 'Brookfield Renewable' is overlaid in the top left, and a large title is in the center. The bottom of the image has a dark blue banner with page and guide information.

Brookfield
Renewable

**Generating
Clean, Renewable
Energy for Rumford
and the River Valley
region**



Maine's River Valley

The area features four seasons of recreation, including skiing, snowboarding, snowmobile clubs, swimming, hiking, camping, kayaking, canoeing and ATV clubs. In addition to the benefits for our local residents, the activities attract a steady stream of tourists.

The River Valley has its own ski area. Black Mountain of Maine is a small non-profit area, with moderate alpine and world-class Nordic skiing trails. The area has a lodge which has been called one of the most beautiful anywhere. With two fireplaces, expansive views of the slopes, a large deck, exposed beam, the lodge feels rustic, but has all the modern conveniences, including full food service and a pub.

In the summer, there is increasing use of the Androscoggin River, ideal for non-motorized craft such as kayaks and canoes. Since the river is too shallow in places for motors, paddlers can have an undisturbed and tranquil float. An Androscoggin River Trail has been established, with several well-maintained boat launches. The River, once one of the most polluted in the country, has been restored to such a clean state that fishing and swimming are allowed.

For those who prefer motorized sports, the area is home to one of the largest networks of groomed snowmobile trails, perfect off-season for hiking or mountain biking. ATV clubs are establishing limited networks as well.

For hikers, the area has numerous choices. The Appalachian Trail passes within a few miles of the River Valley, and within the River Valley are numerous popular day hike trails. Most notable perhaps is Whitecap, now a preserve under the protection of the Mahoosuc Land Trust, where the blueberry picking is unexcelled in late July and early August. Another popular day hike is to the fire tower on Mt. Zircon. A local "Peak a Week" club organizes regular excursions to the top of local hills and mountains. Golfers will find Oakdale Country Club a popular course in Mexico.

We hope you enjoy your visit...and come back soon!

Surrounded by the Western Maine mountains, Andover is a short scenic drive from Rumford, Bethel, Errol, NH and only 4 miles from Roxbury Pond. Andover is home to the Lovejoy Covered Bridge, one of five in the State. Motorists feel they've discovered Oxford County's best kept secret when they arrive in this quintessential New England village.

Andover is a popular recreational destination. With so many secret waterfalls, swimming and fishing holes, you don't have to be an Appalachian trail hiker to enjoy exploring area woodlands. An extensive trail system and Ellis River Rider's events has made

Andover popular with horse riders nationwide. Road bikers find Andover to be perfectly located for great rides. The Snow Valley Sno-goers groom miles on ITS 82 network. Cross country skiers and snowshoers are invited to experience the expansive mountain views from Grimaldi Field located below the village. In the summer, Grimaldi Field offers a canoe boat launch.

Settlers were brought to these Ellis River intervals by Indians. Testament to these relationships can be found by visiting Molly Ockett's gravesite. The Historical Society is open many summer weekends. Andover Public Library features an excellent collection, wifi, and is architecturally worth a visit. As an IEEE historic site, Andover's Telstar satellite transmitted the first transatlantic TV signal.

Andover 04216

TOWN OFFICE:

17 Stillman Road
Phone: 392-3302 • Fax: 392-1205

OPEN:

Monday, Tuesday & Thursday: 8am - 1pm
Wednesdays: 12pm - 5pm

ANDOVER PUBLIC LIBRARY:

46 Church Street
Phone: 392-4841

Tues, Wed, Thurs & Sat: 1pm - 4:30pm
Thursdays: 6pm - 8pm

Olde Home Days is the first weekend every August. A 5k road race, parade, car show, craft fair, flea market, fireman's muster, "better get there early" chicken barbecue, live music, photo contest, events for kids & adults: fly casting, arm wrestling, mower races & more! (FMI call 392-4311)

Once you discover Andover, you'll want to visit again & again.



The Town of Byron was organized on July 6, 1821 as Plantation #8. The ancient Indian name for Byron was Skillertown. In 1833 it was voted to become the Town of Byron, named after the poet of the century, Lord Byron.

In its early years, Byron was a town of farms scattered among the mountains of its perimeter. Beginning in the 1850's, the timber industry became important to the economy. Tracks were laid and the train would haul timber to the mills. In the early 1900's, growing hops (for making beer) also became important to the economy.

Byron

04275

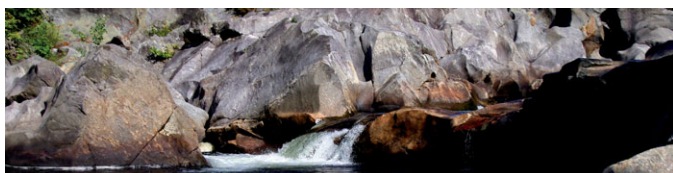
TOWN OFFICE:

1 Byron Village Road
Phone: 364-3194

OPEN:

Tuesdays: 5pm - 8pm
Thursdays: 8am - 1pm

Byron is also rich in history of gold prospecting. Gold was first discovered here in the 1830's. It is found in the Swift River and the East and West Branches. People today still enjoy the sport of panning for gold and many are successful.



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www.weberagency.net



The Town of Canton is in the north east corner of Oxford County, in the foothills of Maine's mountain region, and covers 32.5 square miles. The 568-acre Lake Anasagunticook is shared with the town of Hartford and is the water supply for the town.

The Androscoggin River flows through the area, bisecting Canton from the Canton Point area. The interval land along the river has long been used for farming and much has been written about the Native Americans growing corn here.

Canton 04221

TOWN OFFICE:

94 Turner Street

Phone: 597-2920 • Fax: 597-2940

office@townofcantonmaine.org

OPEN:

Monday & Tuesday 8am - 4pm

Wednesday 8am - 6:30pm

Thursday 9am-6:30pm

Friday 8am - 12pm



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Carthage 04224

TOWN OFFICE:

703A Carthage Road
Phone: 562-8874

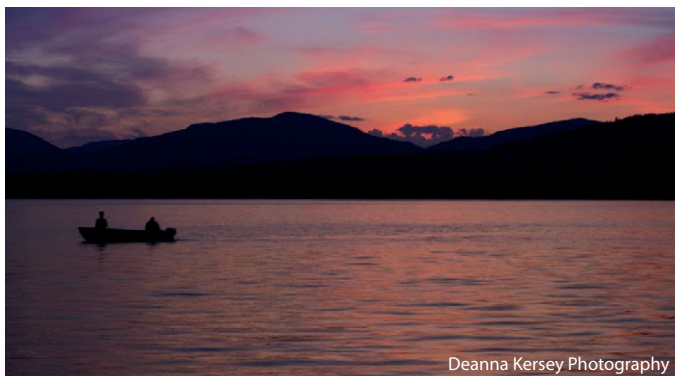
OPEN:

Monday and Tuesday: 8am-1pm
Thursday: Noon - 5pm

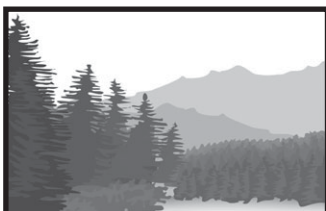
The Town of Carthage was incorporated on February 20, 1826 and encompasses approximately 20,000 acres. Webb Lake and Mt. Blue State Park are only minutes away.

The area offers snowmobiling, canoeing, hiking, ATV, hunting, and fishing as Webb River, Poodunk, and Half Moon Pond are also located here.

The town has a local historical society which holds public suppers and outdoor excursions in the summer and other activities year round.



Deanna Kersey Photography



Mountain Valley Variety Convenience Store & More

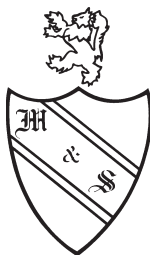
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The Town of Dixfield was incorporated in 1803. It is set in the foothills of the western mountains of Maine and located near Mt. Blue State Park, several lakes and rivers, and within minutes of major ski resorts.

The area offers hiking, bicycling, snowmobiling, canoeing, swimming and camping facilities, restaurants, retail shops, a wildlife museum, and the historical society - which houses the John L. Towle

Dixfield

04224

TOWN OFFICE:

46 Main Street
P.O. Box 808
Phone: 562-8151 • Fax: 562-4311
www.dixfield.org

OPEN:

Monday - Friday: 8am - 4pm

LUDDEN MEMORIAL PUBLIC LIBRARY:

40 Main Street
Phone: 562-8838
Monday - Friday: 9:30am - 5:30pm

Antique Tool Museum. The town also offers a medical clinic, several churches and a quality public school system.

The Dixfield Moose is one of the many attractions Dixfield has to offer. "Bullrock" (the moose) is a life-sized carving of a Maine moose - created from a 150 year old white pine log - by local artist, Ted Walker, using only a chainsaw.



Preserving our past...
Working for Rumford's Future

Come join us in the sun and fun in Rumford this year!

- July 4th at Hosmer Field – Fire Works and Fun!
- The Androscoggin River Run with Kayaks, Canoes and a Barbecue
- Rumford Valley Pumpkin Fest – October 17th – \$3 entry fee but – pumpkins, free music and a Pumpkin Chunkin!!
- Christmas in the Valley Festival of Trees – December 12th

See our website for more information on what's happening in Rumford
envisionrumford.org

**We meet the 3rd Thursday at 7:30 am at Good Karma
each month – join us in creating our future today!**

The Town of Hanover is located on U.S. Route 2 next to the Androscoggin River, midway between Rumford and Bethel. Hanover is primarily a residential community with most residents working in the surrounding towns of Rumford, Bethel, and Newry. Hanover children attend school in Rumford and Bethel.

Local businesses include a general store and restaurant, heavy equipment and logging company, three antique shops, a hair care shop, a real estate office, a sign shop, a campground, carpenters and loggers. Nathaniel Segar first settled Hanover in 1774. Hanover was a mill town using waterpower from the Howard Pond Stream. Mountaintop and valley farms supported families. On February 14, 1843 Hanover was

Hanover 04237

TOWN OFFICE:

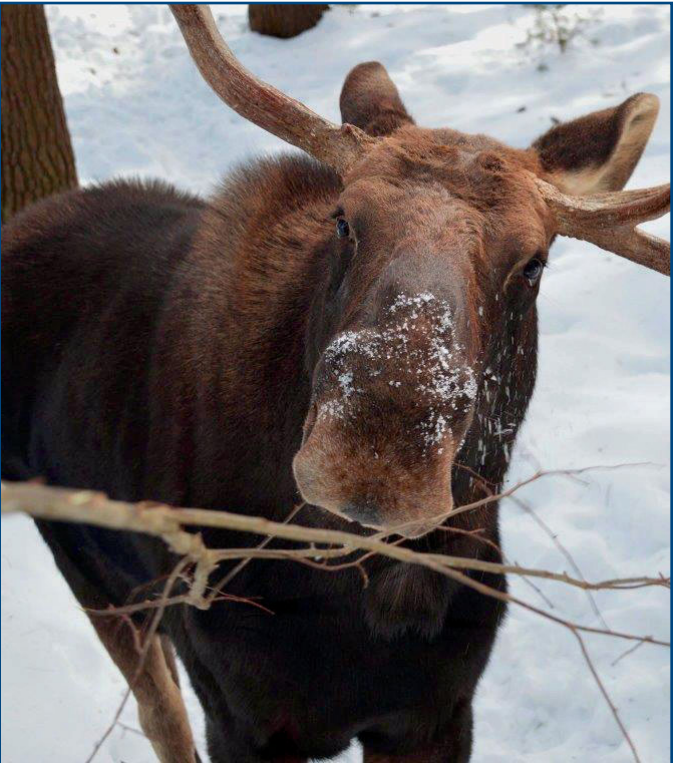
21 Ferry Road
P.O. Box 70
Phone: 364-8200
Fax: 364-8222

OPEN:

Monday: 5pm - 7pm
Tuesday: 8am - 12pm
Wednesday: 2pm - 5pm
Thursday: 5pm - 7pm
Friday: 8am - 4pm

incorporated from Howard's Gore Plantation and a portion of Bethel on the north side of the Androscoggin River.

Beautiful mountaintop Howard Pond is 109 acres and over 100 feet deep. Trout and salmon are caught in the spring fed waters. Boat ramps built by Inland Fisheries and Wildlife Department provide recreational access to the Androscoggin River.



The Town of Mexico was incorporated in 1818 and is located in Western Maine at the junction of Route 2 and 17. The location on these two important routes is vital to Mexico's well-being.

Route 2 links central Maine to northern New Hampshire and Route 17 connects to the Rangeley Lakes Region. Motorists using both routes frequently stop in Mexico to

shop at local business establishments and enjoy the number of restaurants available.

Mexico's best kept secret is the Mexico Recreation Park located just about one mile north on Route 17. Enjoy the children's playground, soccer fields, softball and baseball fields, along with an entertainment stage.

Mexico

04257

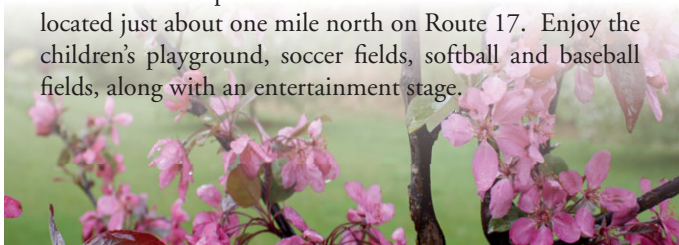
TOWN OFFICE:

134 Main Street • PO Box 251
Phone: 364-7971
Fax: 364-5685
www.mexicomaine.net

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Wed: 10am - 6pm
Friday: 12am - 4pm



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26 Main Street

PO Box 429

Phone: 562-4627

Fax: 562-8653

Email: townperu@roadrunner.com**OPEN:**

Monday: 8am - 7pm

Tuesday, Thursday

& Friday: 8am - 5pm

Located on the banks of the Androscoggin River and home of Worthley Pond, the Town of Peru is a nice place to live, work, and play. A community oriented town, its motto is "Neighbors helping Neighbors."

Peru has an active volunteer fire department, snowmobile club, ATV club, Historical Society, and many other organizations. Enjoy hiking, bicycling, cross-country skiing, or snowmobiling across the miles of trails.



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Route 2

Rumford Center, Maine

The Town of Roxbury was incorporated March 7, 1835 and was once called Township #7. Roxbury is a residential town with many people working in neighboring Mexico, Rumford, and Dixfield.

Roxbury Pond or Ellis Pond, as it is also known, is a beautiful attraction to this mountainous area. It is 1.4 square miles and its maximum depth is 43 feet. Many people from different states come every year to fish, swim or just enjoy the views.

Silver Lake Campground is located here in Roxbury. Residents and nonresidents alike enjoy this four season area for all types of recreation.

Roxbury 04275

TOWN OFFICE:

PO Box 24

Phone: 364-3982 • Fax: 364-2145

OPEN:

Monday & Tuesday: Closed

Wed., Thurs, Friday: 8:00am - 4:00pm

GREATER RUMFORD COMMUNITY CENTER.

The Rumford Mechanics Institute was founded in 1911 by Hugh J. Chisholm, founder of the Oxford Paper Company. It was built to “provide a place for learning in the sciences, mechanics, arts, and whatever social and athletic activities would help the people of Rumford and the surrounding area.” In 1972 the name was changed to the Greater Rumford Community Center. The GRCC, as a nonprofit organization, strives to provide affordable quality recreational programs and services for residents of the River Valley Area. The Center houses a gymnasium with walking track, a 24 hour fitness facility, racquetball court, numerous program rooms, a sauna, locker rooms and a game room. It is the home of an excellent gymnastics program offering instruction for toddlers through proven athletes involved in the

successful year-round competition team. In addition to gymnastics, fall programs include; ju-jitsu, karate, aerobics, soccer and flag football. In the winter, when basketball bounces into full swing, parents, grandparents and friends fill the building with cheering and excitement.



Greater Rumford Community Center

Martial arts, fitness classes and basketball for an extensive list of indoor winter activities. In late spring the baseball and softball teams hit the fields to practice for hours of summer games. Youth and adult floor hockey is

also offered. When the school year ends, more warm weather outdoor activities begin. The Black Mountain Pool is opened and supervised for refreshing swims and daily swim lessons. Summer soccer and swim lessons at Worthley Pond round out the exciting list of active things to do. If you are interested in joining the Greater Rumford Community Center, volunteering or making a tax deductible contribution please call 369-9906 or email grcc@gwi.net

The present town of Rumford was settled as New Pennacook in 1774 as a farming community and became incorporated as Rumford in 1800. Since that time it has become the business center of the region with the Catalyst Paper Company as its largest employer.

Rumford is a beautiful area filled with trees, streams and mountains. The Androscoggin River flows through the town and features a series of spectacular waterfalls. Together they have a total drop of 176 feet making it the highest drop east of the Niagara Falls.

The Reflection Pool at the foot of the Falls is a peaceful place for relaxation and solitude. As visitors gaze over the pool they are transported back to a time when the Anasagunticook Indians visited the area to hunt and fish. The business district of the town is located on "The Island" located between the Androscoggin River and the canals that were constructed many years ago to supply water to the mill. The Island features restaurants and retail stores along with the local government offices.

Rumford is home to Black Mountain of Maine ski area, where competitors from far away have competed in national and world championship events.

Paul Bunyan and his ox, Babe, have been a popular attraction and great photo opportunity for many visiting the Town of Rumford. These larger-than-life statues are located near the Information Center at the foot of the Falls. From there it is only a short walk over the bridge to "Shopper's Island," where you will find shops, restaurants and historic buildings.



Rumford 04276

TOWN OFFICE:

145 Congress Street
Phone: 207-364-4576
Fax: 207-364-5642
www.rumfordme.org

OPEN: Monday - Friday: 8am - 4pm

RUMFORD PUBLIC LIBRARY:

58 Rumford Avenue
Phone: 364-3661

Monday & Saturday: 9am - 2pm

Tuesday & Thursday: 9am-8pm

Wednesday & Friday: 9am - 5pm





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March

Maine Maple Sunday- annual celebration with farm tours, hayrides, pancake breakfasts with maple syrup and much more held on the last Sunday in March.

J.L. Dyke Farms off Route 108 on 93 Farrand Hill Road in Canton Maine has a pancake breakfast, horse-drawn wagon rides, free sampling, maple cotton candy, maple syrup, maple popcorn, and maple baked beans. Come watch the process for making maple syrup. Call 207-597-3124 for additional information.

Sabina Farm Inn on 177 Ellis River Road in Rumford Maine has an open house from 10 a.m. to 3 p.m. Come and experience maple candy making and learn about maple syrup. Call 207-364-2345 for additional information.

Winterfest at Black Mountain of Maine- First Weekend in March. Come enjoy our fun family events including sleigh rides and scenic chairlift rides. 50/50 raffle, special dinners, live entertainment, group ski lessons. Call 207-364-8977 for more information.

April

Annual Ten Town Easter Egg Hunt -held the Saturday before Easter hosted by the River Valley Chamber and the Mexico Fire Dept. Eggs are hidden in all the 10 towns of the River Valley area for children between 7 to 12 years of age and clues are given over the local radio station from 6-9 a.m. Sparky the Fire Dog and the Easter Bunny will host the Easter Egg Hunt for children ages 2-6 starting at 9:00 a.m. behind the Mexico Fire House on Main St. in Mexico. Information call: 207-364-3241.

River Valley Chamber of Commerce Annual Dinner and Awards Banquet-held the last Thursday of April.

May

Annual Lee Hodgkins Memorial Poker Run Registration on the last Saturday of the month from 8:00 am – 10:00 am at the Roxbury ATV Riders Park & Ride on Roxbury Notch Road Route 120W in Roxbury. \$500 of proceeds to Make-A-Wish Foundation, 50-50 drawing, for info call Mike at 207-545-2715 or visit roxburyridersclub.com

Memorial Day Event – on the Green, at the Memorial Park on Route 108 at Congress St., Rumford. Contact 207-364-4576



June

Carthage Historical Society Children's Summer Art Program – contact Jan 207-562-8876.

River Valley Riders ATV Club Summer Rides Rides, events, and fun planned throughout the summer. Call 207-364-7373 for dates, times, and details.

July

Franklin Savings Bank/ River Valley Rotary and the River Valley Chamber Annual Golf Tournament - At Oakdale Country Club on the second Tuesday of July. Contact information call 207-364-3241.

Annual Christmas in July Roxbury ATV Toy Run & Blessing of the ATV's – this multi club event and guaranteed good time will be held in July. Registration for the Poker Run will be from 8 a.m. to 10 a.m. at Grimaldi Field in Andover. Blessing of the ATV's will be at 10 a.m. and then on to the Toy Run to Black Mountain of Maine Ski Resort. All that is required is to bring an unwrapped toy in a clear plastic bag or a cash donation for the toys. There will be a 50-50 drawing, Chinese Auction, food for sale, and vendors available at Black Mountain of Maine. You do not need to ride to be involved and can join us at Black Mountain. The toys will go to area groups for distribution to less fortunate children in December.

August

Andover Olde Home Days in Andover, Maine always the first weekend in August. Event includes music on the Common, Main Street parade, the new barrel train, children's peddle tractor pull, antique car show, horse show, firemen's muster and much, much more. The Ancient Ones conduct a living history of life from 1740 through 1840. Contact information call: 207-392-4311 or 207-392-2131.

The Ellis River Riders Horse Show the first weekend in August on Saturday evening starting at 3 p.m. & Sunday starting at 9 a.m. rain or shine, spectators are free. Food and seating for many.

Dixfield Main Street Outdoor Market held the 3rd Saturday in August from 9 a.m. to 4 p.m. on Main Street in Dixfield, Maine. Come join us for a day of fun, crafts, food, and much, much more. For further information or to reserve a space call: Norine at 207-562-8816.

Annual Donald E. Ryerson Poker Run – August 30th from 8 a.m. to 10 a.m. at the Roxbury ATV Riders Park & Ride on Roxbury Notch Road in Roxbury. The proceeds from this ride go to the Donald E. Ryerson Children's Welfare Fund. Contact info Mike at 207-545-2715.

Teaberry Art Walk along the Swift River. For further information contact Envision Rumford @ 364-3355 ext. 221



September

The Ellis River Riders Horse Show Saturday & Sunday starting at 9 a.m. rain or shine, spectators are free. Food and seating for many.

Canoe & Kayak Run -- On the Androscoggin River. For further information contact Jim Rinaldo @ 207-364-2983.

October

Oktoberfest-Annual River Valley Rotary Craft Fair held at the HOPE Association on the second Saturday in October. FMI call: 207-364-4561; Catherine Johnson.

The Ellis River Riders Horse Show Sunday starting at 9 a.m. rain or shine, spectators are free. Food and seating for many.

Roxbury ATV Fall Foliage Ride – for specifics visit their website: www.roxburyatvridersclub.com

RES Craft Fair -- held the last Saturday in October at the Rumford Elementary School. Contact information call: 207-364-8155.

Pumpkin Fest -- Third Saturday in October. The Pumpkin Fest is a day of fun activities for the whole family in downtown Rumford. Activities include a hospital bed race on Congress Street, gymnastics demonstrations at the Greater Rumford Community Center, a climbing wall, seed spitting contests for adults and children, pumpkin dessert contests, pumpkin painting and carving and more.

*For current dates,
times and
locations of
Chamber Events
check out
our website at:*

www.rivervalleychamber.com

December

Christmas in the Valley-A month long celebration in the River Valley area. Many events planned to celebrate the Christmas season.

Christmas in the Valley Craft Fair-held the 1st Saturday in December at the Mountain Valley High School in Rumford, Maine. Juried craft fairs features handmade or homemade items only; annual cookie walk, kids corner, pictures taken with a Christmas character, lunch served by the Relay For Life committee with mouth-watering Turkey pie and all the fixin's. Call: 207-364-3241.

Christmas in the Valley Parade- held the second Saturday in December in Rumford. Santa meets the children and lights the tree at the head of Congress Street . Call: 207-364-3241.

Festival of Trees -- Second Saturday in December. The Festival of Trees is an evening event in the Rumford Town Hall Auditorium that celebrates the magic of the holiday season with trees that are decorated by local businesses and organizations and special choral music and readings.

RAAPA Annual Holiday Production – first weekend in December at Mountain Valley High School performed by the Rumford Association for the Advancement of Performing Arts. Contact information call: Anita Murphy @ 207-369-0205 or Judy Kuhn @ 207-364-7242.

Christmas in Carthage – Friday & Saturday the second weekend in December begins with a program and light refreshments at the Carthage Union Church, a Gingerbread House Competition, the lighting of the Town Christmas Tree, Carolers, a potluck supper at the Historical Society, followed by a party upstairs with door prizes refreshments, and music and dancing. Contact: Jan 207-562-8876.

January

The Jon Sassi Memorial Nordic Race –held the last Saturday in January, this 5K is now the largest high school level Nordic race in Maine and one of the largest in New England drawing around 400 entries from throughout the state to Black Mountain of Maine internationally-recognized Nordic trails. FMI 207-364-8977.

February

Ice Fishing Derby– held the first week of February at Worthley Pond in Peru by the Peru ATV Club.

Blessing of the Sleds -held at Mt. Valley Middle School in Mexico from 10:30am to 12:00pm with the blessing at noon. Hosted by the Dixfield and Mexico snowmobile clubs the 2nd Saturday in February from 11am-5pm. Contact information call: 207-562-4690; Jon Holmes.

HOPE Association Annual Snowmobile Ride In -held the second Sunday of February from 11am-2pm. Contact information call: 207-364-4561.

Ice Fishing Derby– Larry Mercier Memorial Fishing Derby held the third week of February at Roxbury Pond. For more information contact: 207-364-3241

Family Field Day in Rumford -hosted by the Rumford Polar Bears Snowmobile Club the last weekend in February. Contact information call: 207-364-3848; Louise.



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The River Valley Chamber of Commerce invites you to explore the River Valley. We are nestled in the mountains of Western Maine where we pride ourselves in being a four-season destination. The River Valley has everything you are looking for. From hiking, biking and camping in the lush green forests to skiing, snowmobiling or ATVing on our endless scenic trails. Now you can explore all our towns by visiting our 10 giant chairs!





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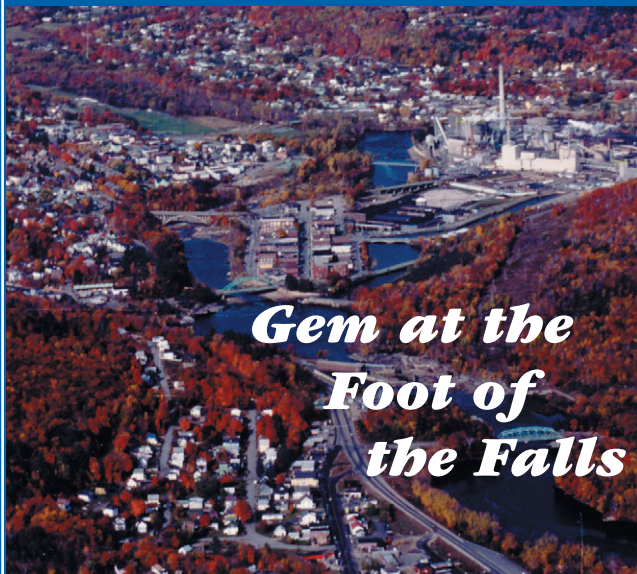
rumfordme.org

145 Congress Street

Rumford, ME 04276

207-364-4576 • Fax 207-364-5642

town@rumfordme.org





Oakdale Country Club was founded in 1923 and is open to the public. Oakdale is open 7 days a week and is located off Route 2 in Mexico across from Wal-Mart. Oakdale is a very challenging 9-hole par 72 golf course that spans 6,198 yards. Oakdale is considered one of the finest 9-hole courses in the State of Maine. Our experienced superintendent of greens, Dan Libby, keeps the course in top condition.

Please contact us at 364-3951 and we will be more than happy to schedule a tee-time or a lesson that accommodates your schedule.

We sincerely hope you will take advantage of this great golf course this season. Our season runs approximately May 1st through November 1st. For more information call us at 364-3951 or write to Oakdale Country Club, Country Club Rd., Mexico, ME 04257. www.oakdaleecc.net

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**24 Congress Street
Rumford, Maine 04276
Telephone: (207) 507-1223
Fax: (207) 507-1309**

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www.KaynorLaw.com



River Valley Rising
Inspiring Our Community



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**Education and raising awareness about Substance Use Disorder
Inspiring our community and youth to make healthy choices
in the River Valley region**

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207-364-4561



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85 Highland Terrace,
Mexico, ME 04257
207-364-4000

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Western Maine Brain Injury Support Group

meetings first Tuesday every month
85 Lincoln Avenue, Rumford

FMI: 207-364-4561



85 Lincoln Ave
Rumford, Me
04276

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RUMFORD FALLS - RUMFORD

Originally referred to as Pennacook Falls or New Pennacook Falls, Rumford Falls is chain of massive drops of the Androscoggin River. Although the waterfall drops a total of 176 feet, dams have split the once continuous cascading waters into several distinct sections.

The beauty of the scenic upper falls is worthy of drawing the attention of any form of artist, Rumford Falls is quite spectacular in strength and setting. The adjacent dam is slowly being concealed by the continuous growth of the trees in front of the structure. The artificial lake below offers popular fishing for three species of trout and landlocked salmon. The best view of this area is after snowmelt as the water flow often slowly reduces during the summer months.



ANGEL FALLS - TOWNSHIP D NORTH OF BYRON

With surrounding cliffs of up to 115 feet, Angel Falls is remarkably scenic. The 25-foot gap positioned on the top of the cliff wall can be explained by two theories, the first being erosion. Through the years it appears as if the water sliced its way through the cliff walls, causing the sediments to flow downstream. The other theory suggests that the perfectly sized boulder at the base of the waterfall used to sit in the gap above. Perhaps it was knocked out during the Ice Age or even by a great storm. It is unknown if either theory is correct, but the gap on the cliff wall through which the water flows certainly distinguishes Angel Falls from all others in the region.

Things To Do

Visit www.rivervalleychamber.com and click on "Explore" to find more things to do in the River Valley.

ATV/SNOWMOBILE TRAILS

River Valley Riders ATV Club - Over 200 miles of access trails from the River Valley. Bill Morse (207)364-7373 or Dan Mitchell (207)562-8873. There's a network of trails throughout the area. For more info about local snowmobile clubs, call the Information Center @ 207.364.0925

CANOEING • KAYAKING FISHING • SWIMMING

Webb River - Beautiful canoe rides up and down the Webb River from the access at Mountain View Campground on Weld St. (Rt. 142) in Dixfield.

Androscoggin River - Miles of beautiful scenery from Hanover to Canton; Worldclass Bass Fishing and small town charm along the route.

Boat Launches - Rt. 2 Hanover, Rt. 2 Rumford, Rt. 140 Dixfield, Canton

Worthley Pond - Peru, Maine

Roxbury Pond - Roxbury, Maine

Howard Pond - Hanover, Maine

Garland Pond - Byron, Maine

Swift River - Rumford/Mexico, Maine

Canton Lake - Canton, Maine

GOLD PANNING

Swift River - The Swift River, in Byron, Maine has supplied prospectors from the beginner to the professional with gold found within its beds. The history of gold mining goes back to the early eighteenth century when gold was first discovered here. Youngsters to old timers still enjoy searching for gold. All it takes is patience and a little luck. See campground operators at Coos Canyon Campground, Byron (207)364-3880 or contact guide Francis Arsenault at (207)364-2469 for more information.

GOLFING

Oakdale Country Club - 6,198 yard, par 72. Season: April 23rd to November 1st. Country Club Rd. off Rt. 2 in Mexico. (207)364-3951

HIKES/WALKING TRAILS

Appalachian Trail - Three access sites:

1. Grafton Notch State Park-watch for signs in parking lot.
2. Off the South Arm Road in Andover.
3. East B Hill Road, 8 miles from the intersection in Andover. Check with the rangers or South Arm Campground for exact location.

Black & White - This newly-constructed trail branches off the main trail on Rumford Whitecap, circles below the summit, and continues on Land Trust property over to the summit of Black Mountain and then down to the parking lot of the ski lodge.

Falls Hill Hike - Take abandoned road east side of the bridge across from the Androscoggin River on Rt. 108 in Rumford. Walk to the top of the falls across the High Bridge above the Brookfield Power Plant and down the sidewalk to Falls Hill to Information Center parking lot.

Little Jackson Mountain - Pleasant climb to views of the Weld area. From Dixfield, take Rt. 142 to Weld Corner, left onto Byron Rd. Dirt road on right about 2 miles.

Mexico Ledge - Easy walk off Swett Avenue in Mexico.

Old Spec/Grafton Notch State Park - Rt. 2 West onto Rt. 26 in Newry. More info at the Park.

Rumford Whitecap - A network of trails reaches the bald summit of Rumford Whitecap, popular with hikers, snowshoers, and even backcountry skiers as a four-season destination. Famous for its blueberries, Whitecap also attracts picnickers and wildlife observers. Two geocaches can be found on Rumford Whitecap.

Kreckel Law, P.A.

WWW.KRECKELLAW.COM

207.364.4593

Jennifer F. Kreckel

ATTORNEY-AT-LAW

JFK@KRECKELLAW.COM

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RUMFORD, MAINE 04276

FAX 207.369.9421



Deanna Kersey Photography

Step Fall, Screw Augra Falls, Mother Walker Falls, Trails to Moose Cave & Jail- Grafton Notch State Park, 20 miles north on Rt. 26, off Rt. 2 in Newry. Scenic drive, hiking, picnicking and swimming. Hike to Table Rock- Infor signs in the Park.

Swift River Walking Trail- Picnic tables and trail along the Swift River in Rumford. Take Rt. 2 to traffic light at the intersection of Lincoln Ave. and Hancock St. Travel about .5 miles on Hancock St. and turn right into the recreation area to parking lot.

Tumbledown Mountain- In Weld with hiking trails, inquire at the Ranger Station.

Mines- *May not be opened if being worked.*

Tamminen & Harvard Quarries- Near Rt. 219 in Greenwood.

Mount Mica- South Paris

Dunton Quarry- Rt. 5 in Newry

Black Mountain of Maine- Rt. 120

Mount Zircon- Off the South Rumford Rd.

MOUNTAIN BIKING/SKI TRAILS

Weld- In Weld at Center Hill. Ask for directions at one of the stores in the center of Weld.

Sunday River- Newry, Maine

Carter's X-Country Ski Centers and Shop- Intervale Rd., Bethel, Maine (207)539-4848 or (207)824-3880

Black Mountain Ski Resort- Located on the Glover Rd. in Rumford, this family-oriented ski area features day and night downhill and Olympic quality cross-country course and snow tubing. An active summer program for the kids is available, including a swimming pool and day camp. Mountain bike and hiking trails are also available. FMI call (207)364-8977

MUSEUMS

Dixfield Historical Society and Tool Museum
Located at 63 Main St. Dixfield, whose purpose

is to collect and preserve artifacts and data from Dixfield's past, protect current historical materials and promote through education, the desire for future generations to honor and respect their heritage. Featuring, the John L. Towle Antique Tool Museum with over 1200 rare antique tools and Stanley Planes. Open from mid-June through mid- September, on Saturdays 1-3pm or by appointment. Contact Donna Towle, President(207)562-7595

Lufkin Museum- Rumford Historical Society, Rumford Ctr. Displays artifacts from Rumford and surrounding areas. Contact (207)364-2540

PARKS

Mexico Recreation Park- Picnic Tables, playground equipment, tennis, volleyball, basketball, baseball and softball fields, fireplace, snack bar, & performance stage. On the Swift River for swimming or fishing.

Mount Blue State Park- Camping, beaches and boat launch in Weld.

Grafton Notch State Park- Rt. 2 West onto Rt. 26 in Newry.

RECREATION

Mexico Recreation Center- Offers many activities for children & adults. Friday nights offer rollerskating. Fall and winter dancing lessons. Youth and adult volleyball in the fall & winter. Contact Wayne @ (207)357-6708 or (207) 364-4912

SHOPPING

Rumford Shoppers Island- Shop on "The Island" created by the Androscoggin River and a canal. With easy return to Rt. 2 and Rt. 108, you will find restaurants, gift shops, financial services and retail stores, as well as souvenirs.

River Valley Crossing- Rt. 2 Rumford, Olympia Sports, Marden's, Tractor Supply and other Retail Outlets.



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- Swing Bed Program
- Urology
- Wound Clinic
- Women's Health Services
- And More



420 Franklin Street
Rumford, Maine 04276
207-369-1000
www.rumfordhospital.org

Andover

Calvary Bible Church

207-392-1121
1063 South Main Street
Sunday Worship: 10:45 am (winter)
Sunday Worship: 9:30 am (summer)
Sunday School: 9:30 am (winter)
Junior Youth Group - call for dates and times

First Congregational Church of Andover

207-392-4678
25 Elm Street
Sunday Worship: 10:00 am

Carthage

Seventh Day Advent Church

207-562-4677
56 Berry Mills Road
Saturday Worship: 9:30 am
Sabbath School: 10:30 am

Carthage Union Church

207-562-7470
Route 142, 671 Carthage Road
Sunday Worship: 9:00-10:00 am

Grace Bible Church

207-364-1430
760 Carthage Road
Sunday Worship: 10:45 am and 6:30 pm
Sunday School: 8:30 am
Mark Remeika, Pastor

Dixfield

Church of the Nazarene

207-562-2187
171 Weld Street
Sunday Worship: 10:30 am
Sunday School: 9:30 am
Youth Group Sunday: 5:30pm
Wednesday - Bible Study 6pm

Dixfield Common Baptist Church

207-562-7470
2 Chapel Road
Sunday Worship: 11:00 am
Sunday School: 10:00 am

Dixfield Congregational Church

207-562-4582
High Street
Sunday Worship: 10:00 am
Sunday School: 9:00 am

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Seventh Day Adventist Church

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5 Blayne Street

Mexico

Church of Jesus Christ of Latter Day Saints

207-364-5881
256 Main Street
Sunday Sacrament Meeting: 10:00 am

Mexico First Baptist Church

207-364-8712
20 Roxbury Road
Easter Sunrise Service: 7:00 am
Sunday Worship: 10:45 am & 6:00 pm
Sunday School: 9:30 am
Thursday Evening: 6:00 pm

His Gathering Place

207-364-7505
Recreation Lane
Sunday Worship

Jehovah's Witness Rumford Congregation

207-369-9461
288 River Road

Mexico Congregational Church UCC

207-364-8603
163 Main Street
Sunday Worship: 10:00 am
Sunday School: 10:00 am
Nursery Available

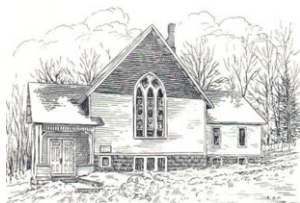
Peru

Faith Baptist Church

207-562-8558
574 Auburn Road/Route 108
Sunday Worship: 11:00 am & 6:00 pm
Sunday School: 10:00 am
Wednesday Evening: 6:45 pm

United Baptist Church

207-562-7167
98 Main Street in West Peru
Sunday Worship: 10:30 am
Sunday School: 9 am



*Rumford United Methodist Church
Virgin Memorial Chapel Built 1909*



*Holy Savior Parish
St. Athanasius St. John - Built 1905*

Rumford

Apostolic Church of Rumford- Pentecostal Church

207-364-7747
135 South Rumford Road
Sunday Worship: 10:00 am & 6:00 pm

Praise Assembly of God

207-364-3856
89 Congress Street
Sunday Worship: 10:00 am & 6:00 pm
Sunday School: 9:00
Wednesday Evening Family Night: 6:30 pm
Saturday Night Prayer Meeting: 6:00 pm

Rumford Center United Methodist Church

207-364-8703
Route 2 in Rumford Center
Sunday Worship: 9:00 am
Sunday School: 8:45 am

Rumford Point Congregational Church UCC

Route 232 at Route 2
Sunday Worship: 10:30 am

Holy Savior Parish

207-369-0334
126 Maine Avenue
Saturday Mass: 4:00 pm
Saturday Mass in Bethel: 6:00 pm
Sunday Mass: 9:30 am

St Barnabas Episcopal Church

207-364-2193
71 Rumford Avenue
Sunday Eucharist: 9:30 am
Holy days and weekends as announced

United Methodist Church Virgin Memorial Chapel

207-364-8703
455 Linell Street
Sunday Worship: 10:30 am
Sunday School Adults: 9:00-10:00 am
Sunday School Children: 10:30 am (winter)

ACCOMMODATIONS

Area Code 207

Bed & Breakfasts/Inn

Comfort Inn & Suites

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Wilton, ME 04294
645-5155
www.comfortinn.com/me056
mmchugh@lafrancehospitality.com

Wilson Lake Inn

183 Lake Rd. Wilton
645-3721
www.wilsonlakeinn.com
info@wilsonlakeinn.com

Hotel/Motel/Resort

Blue Iris Motor Inn

1405 US Rte. 2, Rumford Center
364-4495
www.blueiris.50meg.com
blueirismotorinn@yahoo.com

Comfort Inn & Suites

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Pennacook Falls Investments LTD

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Campgrounds

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camping@stonybrookrec.com

FOOD & DINING

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Brewery

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824-1264
www.steammillbrew.com

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Chamberlain's Tap & Table

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507-1156

Dunkin Donuts

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mhassum@mdmgroupllc.com

Gatch's Food, Spirit & Catering

137 Rumford Ave., Rumford
364-2050
gatchsfood_spirits@yahoo.com

Good Karma Café & Health Food Store

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507-1625

McDonald's

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369-9025

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bmichaud@samsitalian.com

Sunday River Brewing Company

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Sundayriverbrewingcompany.com

Caterers

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Naples Packing Co.

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364-3725

Wal*Mart

258 River Road, Mexico
364-2557
www.walmart.com

ACTIVITIES

Area Code 207

Fitness

Greater Rumford Community Center

50 Congress St. Rumford
369-9906
www.greaterrumfordcommunitycenter.org

Organizations

Ellis River Riders

P.O. Box 10, Andover
www.ellisriversiders.com
show@ellisriversiders.com

Oxford Hills SCORE

2 Market Square, So. Paris
743-0499
oxfordhillsscore@gmail.com
www.oxfordhills.score.org

River Valley Community Association

6 Holyoke Ave., Rumford
619-4672
www.wmpf.net
kevin@wmpf.net

River Valley Growth Council

60 Lowell St., Rumford
369-0396
lovejoy@megalink.net

River Valley Rotary Club
P.O. Box 192, Mexico
Meetings-Mon. at 7:30am
www.rumfordrotary.com

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129 Rumford Ave. Rumford
369-9760
Sec.foe.1248@myfairpoint.net

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364-4900
www.cooscanyonrockandgift.com
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www.oakdalecc.com

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824-2836
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camping@stonybrookrec.com

Recreation
Greater Rumford Community Center
50 Congress St. Rumford
369-9906
www.greaterrumfordcommunitycenter.org

Ski-Alpine/Snowboard/Tubing
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39 Glover Rd., Rumford
364-8977
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Davis Florist, Inc.
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Kerry.burgess917@gmail.com

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364-3647

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364-3647

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Highland Terrace, Mexico
364-4561

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364-7851
davisflorist@gmail.com

Professional Services

Area Code 207

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875-2401
kelly@newkirkcpa.com

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Sun Journal
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bruce@westcoastmaine.com
www.westcoastmaine.com

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364-3764 Ext 208
www.wvactv7.com
wvactv7@gmail.com

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364-8748
www.medcare-careambulance.com
laurieann.milligan@med-careambulance.com

Appraisers

Russell Appraisal Services
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364-2726

Arts

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www.clubneopolsi.com

Automotive Services

Adley's Auto Sales & Services, Inc.
486 Prospect Ave., Rumford
364-3700
www.adleys.com

NAPA Mexico

236 Main St., Mexico
364-4517
www.capnapa.com

Attorneys

The Law Office of Peter J. Kaynor, LLC
24 Congress St., Rumford
507-1223
rmw@kaynorlaw.com
www.kaynorlaw.com

Kreckel Law

95 Congress St., Rumford
364-4593
www.kreckellaw.com

Barber Shop

Lisa's Barber Shop
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357-3824

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Chiropractor

Dr. Cory House Calls
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www.claadrcory.com

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Rumford Eagles Club

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Economic Development

Androscoggin Valley Council of Government
125 Manley Rd., Auburn
783-9186
www.avcog.org
avcog@avcog.org

Community Concepts Finance Corporation

17 Market Square, So. Paris
739-6543
www.community-concepts.org

River Valley Growth Council

60 Lowell St., Rumford
369-0396
lovejoy@megalink.net

Electrical/Instrument and Process Control Engineers

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364-7441
www.fitchcompany.com
pdaigle@fitchcompany.com

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Patriot Renewables, Canton Mtn. Wind LLC

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www.patriotrenewables.com

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angela@main-landdci.com
www.main-landdci.com

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Katie@expressengraving.com

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www.community-concepts.org

Franklin Savings Bank

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Frisbie & Associates

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www.frisbiebenefits.com

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119 Congress St., Rumford
364-4567
www.key.com

Lennox Insurance and Financial

75 Congress St., Rumford
364-3355
www.lennoxinsuranceandfinancial.com

Oxford Federal Credit Union

225 River Rd., Mexico
369-9976
www.ofcu.org

New England Agency

140 Main St. Suite A, Mexico
364-2595

Senior Planning Center

65 Lincoln Ave., Rumford
778-6565 Ext. 430

Funeral Homes

Meader & Son Funeral Home

3 Franklin St., Rumford
364-4545
www.meaderandson.com

S.G. Thibault Funeral Home

250 Penobscot St., Rumford
364-4366
www.dignitymemorial.com

Graphic Designers

Club Neopolsi Creations Design Studio

725 Prospect Ave., Rumford
507-1207
www.clubneopolsi.com

Erik Designs, LLC

244 Route 108, Rumford
369-9008
www.erikdesigns.com
info@erikdesigns.com

Health

ABJ Joy Tribe

36 Intervale Ave., Mexico
713-3847

Central Maine Audiology

65 Lincoln Ave. Ste. 1, Rumford
507-1188
drcropper@hearmaine.com
www.hearmaine.com

Dr. Cory House Calls

33 Rolling Ridge, Jay
619-3242
doc@calldrcory.com
www.calldrcory.com

Maine Med Man

Medical Marijuana Caregiver
138 River Rd., Mexico
507-1652

River Valley Healthy Communities Coalition

60 Lowell St., Rumford
364-7408
www.rivervalleyrising.org
rvhccburke@gmail.com

Healthcare/Hospitals/Hospice

Androscoggin Home Care & Hospice

15 Strawberry Ave., Lewiston
777-7740
www.androscoggin.org

Maine Med Man

Medical Marijuana Caregiver
138 River Rd., Mexico
507-1652

Oxford County Mental Health Services

150 Congress St., Rumford
364-3549
pam.miller@ocmhs.org
www.ocmhs.org

Rumford Hospital

420 Franklin St., Rumford
369-1000
www.rumfordhospital.org

Heating Fuel

Community Energy Co., Inc

299 Swain Rd., Rumford
364-3719
www.communityenergy.com

Dead River Company

33 Prospect Ave., Rumford
364-3751
www.deadriverv.com

Dixfield Discount Fuel

1180 Rte. 2 Suite 6, Rumford
562-0972
www.dixfelddiscountfuel.com

Home Improvement

Cliff Harding Roofing, LLC

15 Beliveau Rd. Rumford
357-3901
Cliff.tfr@gmail.com

Sherwin Williams

1023 Rte. 2, Rumford
364-7843

Insurance

Advantage Insurance Services/Weber Insurance Agency

160 Congress St., Rumford
364-8293
www.AdvantageInsuranceService.net

Kyes Insurance

26 Congress St., Rumford
369-0171
www.kyesinsurance.com
tblaisdell@kyesinsurance.com

Lennox Insurance and Financial

75 Congress St., Rumford
364-3355
www.lennoxinsuranceandfinancial.com

New England Agency
140 Main St. Suite A, Mexico
364-2595

Senior Planning Center
65 Lincoln Ave., Rumford
778-6565 Ext. 430

United Insurance/ Western Maine Agency
19 Congress St., Rumford
364-3766
www.unitedinsuranc.net

Land Conservation
Mahoosuc Land Trust
P.O. Box 981 162 North Rd., Bethel
824-3806
www.mahoosuc.org

Land Management/Logging
Brian Milligan Forestry Consultant
362 Ellis River Road, Rumford
364-2497

Landscaping/Year Round Maintenance

Whites Yardworks
2 Mountain View Annex, Rumford
364-8521
whitesyardworks@yahoo.com

Lawncare
Whites Yardworks
2 Mountain View Annex, Rumford
364-8521
whitesyardworks@yahoo.com

Logging
Nicols Bros.
29 industrial Park Rd., Rumford
364-8685

Low Income Housing
Rumford Island Housing
20 Congress St., Rumford
364-3883

Manufacturing
Moon Tide Springs, Inc.
153 Greenwood Rd., Peru
562-2254
www.moontidesprings.com

ND Paper
35 Hartford St., Rumford
364-4521
www.us.ndpaper.com

Northwest Precision, Inc.
37 Canal St., Rumford
364-7597
www.northwestprecision.com
info@northwestprecision.com

Media
Meredith Diana Media, LLC
33 Rolling Ridge, Jay
256-7526
info@meredithdiana.com
meredithdiana.com

Oil Burner Service
Community Energy Co., Inc
299 Swain Rd., Rumford
364-3719
www.communityenergy.com

Dead River Company
33 Prospect Ave., Rumford
364-3751
www.deadriver.com

Optometrists
Mountain View EyeCare, P.A.
56 Franklin St., Rumford
364-4491

Organizations
Envision Rumford
P.O. Drawer L, Rumford
364-4593
www.envisionrumford.com

Hope Association
85 Lincoln Ave., Rumford
364-4561
www.hopeassociation.org

Oxford County Mental Health Services
150 Congress St., Rumford
364-3549
pam.miller@ocmhs.org
www.ocmhs.org

Oxford Hills SCORE
2 Market Square, So. Paris
743-0499
oxfordhillsscore@gmail.com
www.oxfordhills.score.org

River Valley Healthy Communities Coalition
60 Lowell St. Rumford
364-7408
www.rivervalleyrising.org
rvhccburke@gmail.com

River Valley Rotary Club
P.O. Box 192, Mexico

Rumford Eagles # 1248
129 Rumford Ave., Rumford
364-3953

Paint Dealer
Sherwin Williams
1023 Rte. 2, Rumford
364-7843

Paper Makers
ND Paper
35 Hartford St., Rumford
364-4521
www.us.ndpaper.com

Printing/Publishing
The Maine Press
104 Knox St., Rumford
357-8881
www.maineexpress.biz
info@mainepress.biz

Publications
Discover Maine Magazine
10 Exchange St., Portland
800-753-8684
www.discovermainemagazine.com
info@discovermainemagazine.com

Rumford Falls Times
60 Lowell St., Rumford
364-8728
www.rumfordfallstimes.com

Sun Journal
60 Lowell St., Rumford
364-8728
www.sunjournal.com

West Coast Maine Magazine
272 Pikes Hill Norway
743-8616
bruce@westcoastmaine.com
www.westcoastmaine.com

Radio Stations
River Valley Community Association
6 Holyoke Ave., Rumford
619-4672
www.wmpf.net
kevin@wmpf.net

Real Estate Agencies/Rentals
Hebert Realty Group
231 Main St., Mexico
369-0551
lhebert@hebertrealtygroup.com
www.hebertrealtygroup.com

Riverside Realty
152 River Rd., Mexico
369-0100
www.riversiderealty.org
info@riversiderealty.org

Recreation Centers
Greater Rumford Community Center
50 Congress St. Rumford
369-9906
grcc@ghi.net

Recreation/Entertainment
Oakdale Country Club
13 Country Club Ln., Mexico
364-3951
www.oakdalecc.net

Roofing
Cliff Harding Roofing, LLC
15 Beliveau Rd. Rumford
357-3901
Cliff.tfr@gmail.com

Screen-Printers
INK Maine
58 Congress St., Rumford
364-1550
krishowestatoos@hotmail.com
www.inkmaine.com

Septic Surveying
Main-Land Development Consultants
69 Main St., Livermore Falls, ME 04254
897-6752
angela@main-landdci.com
www.main-landdci.com

Signs/Banners/Vehicle Lettering
Erik Designs, LLC
244 Route 108, Rumford
369-9008
www.erikdesigns.com
info@erikdesigns.com

Social Services
Western Maine Community Action
20 A Church St., East Wilton
645-3764
www.wmca.org

Subsidized Housing
Rumford Island Housing
20 Congress St., Rumford
364-3883

Tattoos
INK Maine
58 Congress St., Rumford
364-1550
krishowestatoos@hotmail.com
www.inkmaine.com

Tax Preparation Services
H & R Block
50 Oxford Ave., Rumford
364-2949

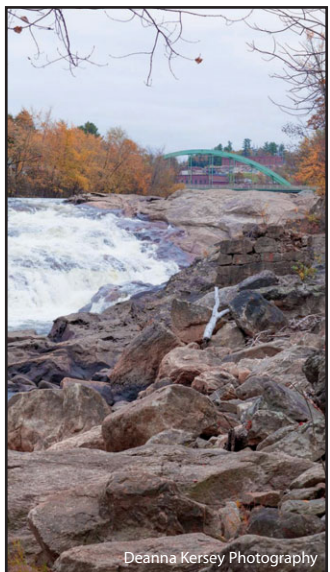
Kelly Newkirk, CPA PC
918 Walkers Mills Rd., Bethel
875-2401
kelly@newkirkcpa.com

Towing
Adley's Auto Sales and Services, Inc.
486 Prospect Ave., Rumford
364-3700
www.adleys.com

Transportation
Community Concepts, Inc.
17 Market Square, So. Paris
739-6543
www.community-concepts.org

Universities/Colleges
University College
60 Lowell St., Rumford
364-7882

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